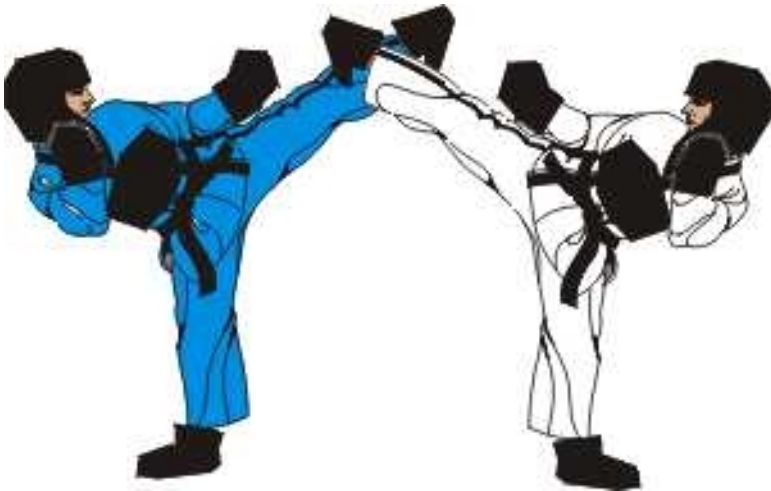


Get ready for the Tournament!

Free Sparring Workshops for kids 6-14



Wednesdays

5:45 - 6:30pm

With sensei Dale Jensen

And

Saturdays

10:45 - 11:15am

With Shihan Chamberlain

Learn the exciting skills of Sparring from a gifted instructor, and get a head start on the

2008 Kenpo invitational tournament!

Sensei Jensen is the former owner and head instructor of North Dallas Martial Arts and brings many years of experience as both a skilled instructor and amateur kick boxer. He has been the lead sparring instructor with Chamberlain Studios since June 2006.

This workshop is the perfect opportunity to get an intensive training session in the skills of light contact tournament sparring.

It is REQUIRED that each student wear full protective gear consisting of feet and hand protectors, head gear, chest protector, mouth piece, and a safety cup for the boys. A limited number of sets of dojo equipment are available at the workshops to borrow.



If you need equipment for the tournament call Patti Crites at the Headquarters dojo to order. Call 214-351-5367.

Foam equipment cost is \$111 (not including cup and mouthpiece). Hands-\$22.95, Feet-\$22.95, Head-\$29.95, Chestguard-\$34.95, Mouthpiece w/ case (double guard)-\$6.90, Supporter & Cup-\$9.95.

Chamberlain Studios of Self Defense™
www.DallasKenpo.com

